

# KIDCO Express

# February, 2020

## ACTIVITIES

February 3

- Celebration of Ground Hog Day
- EHS Monitoring – KIDCO VI

February 4

- Mental Health Training "Developmental Milestone" – KIDCO VI
- HS Monitoring – KIDCO VII

February 5

- EHS Expansion Monitoring – KIDCO VII

February 6

- Celebration of Black History – *Honoring Great Inventors*

February 7

- Celebrating Dental Month – Children make a Dental Model for the classroom

February 10

- Multicultural Diversity and Black History Month Training – KIDCO II

February 11

- Multicultural Diversity and Black History Month Training KIDCO IV
- Multicultural Diversity and Black History Month Training KIDCO VII

February 12

- Celebration of Black History Month – *Honoring Empowering Women*

February 13

- Multicultural Diversity and Black History Month Training KIDCO V

February 14 

- San Valentine's Day
- Children participate in a *Friendship Picnic* in the Playground

February 17 

- **President's Day – ALL CENTERS CLOSED**

February 18

- Parent Read to their Child on African American Activity – All centers
- Children make an *"If I was President"* Classroom Display

February 19

- Multicultural Diversity and Black History Month Training – KIDCO VI
- Celebration of Black History Month – *Artist who Inspired Us*

February 20

- 12:00pm - Policy Committee Meeting – KIDCO II

February 21

- Celebrating Dental Month Science Activity – Children make Dental Slime

February 26

- Celebration of Black History Month – *Music that Moves Us*

February 27

- **PARENT ACTIVITY FUND – At the "Fairchild Botanical Garden" (only for parents)**

February 28

- Culmination of Black History Month

## PARENTS' CORNER

### THINGS DADS CAN DO FOR THEIR CHILDREN

Almost every father wonder "How can I be a part of my child's life?" It's not difficult because whether your child is a toddler, preschooler or teenager, the smallest things can make the biggest differences.

1. **Give them a daily hug packaged with an "I love you."** From infancy to adolescence, every child needs to feel special and expressing these feelings to your child will give him or her a boost of confidence they will take with them through life.
2. **Ask about and listen to their feelings with genuine interest.** Take time to talk with your children every day and show them that they truly matter to you.
3. **Enthusiastically attend their school, sports and events.** Children will take so much more pride and attention to their achievements when they see that they mean so much to you.
4. **Model how to treat others, especially their mother.** Remember that you are the first and most formative role model for your children to learn how men and women treat one another.
5. **Make them feel like the best and most unique child in the world.** Children who hear praise and appreciation from their earliest years, develop a positive sense of self that influences their future relationships with others and make them more likely to be successful.

Remember, you can have a starring role in your child's happiest memories. Your active presence in their lives can give them the confidence to overcome their challenges now and in the future.

## EVENTS

**Children Museum of Miami** – 3<sup>rd</sup> Friday of each month

**History Museum of Miami** – 2<sup>nd</sup> Saturday of each month

**FREE ADMISSION**

## NUTRITION

### "SPARKLING FRIENDSHIP POTION"

Healthy Alternative to soda!

#### Ingredients:

- 1 Orange quartered and thinly sliced; seeds removed
- 1 Cup of strawberries thinly sliced
- 2 Cups cranberry-raspberry juice
- 2 Cups club soda

#### Directions:

- Place the fruits slice in a pitcher, and then pour in the juice and the soda.
- Serve 4 ounces to each child.



## FEBRUARY'S BIRTHDAY

Rosanna Hernández	February 1
Silvia La Villa	February 8
Kena Scanes	February 18
Kenia Reyes	February 20
Marisela Perez	February 21
Yanet de la Fuente	February 23
Ana Ivis Colina	February 25

KIDCO Creative Learning (305) 576-6990

